



DEFINITIONS

SEXUAL VIOLENCE occurs when someone is forced or coerced into any physical sexual act, such as unwanted sexual contact, sexual harassment, assault or battery, or rape, without agreeing or consenting.

SEXUAL ASSAULT is any non-consensual sexual act, such as unwanted oral, anal or vaginal intercourse, penetration of the anus or vagina with a foreign object, or unwanted touching on an intimate area of a person's body. This can include unwanted kissing or bodily contact that is sexual in nature.

RAPE is forced sexual intercourse that involves the threat of violence, immediate and unlawful bodily injury, or threats of future retaliation and duress. Non-consensual sex is rape.

CONSENT FOR SEXUAL CONTACT means that a person is willing to engage in sexual activity. Both parties need to give consent for the sexual activity to be consensual. No one should ever assume consent. A person may be unable to give consent because of fear, having an illness or disability that makes them incapable of giving consent, or incapacitation due to drugs or alcohol.

SEXUAL VIOLENCE PREVENTION AND RISK REDUCTION RESOURCES

- SDSU POLICE SAFETY ESCORTS:** (619) 594-6659
- LET'S TALK CAMPAIGN:** sdsutalks.sdsu.edu
- CALIFORNIA COALITION AGAINST SEXUAL ASSAULT:** calcasa.org
- CENTER FOR COMMUNITY SOLUTIONS SAN DIEGO:** (888) 385-4657
- IT'S ON US CAMPAIGN:** itsonus.org
- STEP UP PROGRAM:** stepupprogram.org
- MEN CAN STOP RAPE:** mencanstoprape.org
- RAPE, ABUSE AND INCEST NATIONAL NETWORK:** rainn.org
- NATIONAL SEXUAL VIOLENCE RESOURCE CENTER:** nsvrc.org
- SAN DIEGO FAMILY JUSTICE CENTER:** (866) 933-HOPE / (866) 933-4673
- THE SAN DIEGO LGBT COMMUNITY CENTER:** thecentersd.org

SDSU CAMPUS RESOURCES

- SDSU Police: (619) 594-1991
- Campus Safety Escort: (619) 594-6659
- Sexual Assault Victim Advocate: (619) 594-0210
- Student Health Services: (619) 594-4325
- After Hours Nurse Line: (858) 225-3105
- Counseling & Psychological Services: (619) 594-5220

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SEXUAL VIOLENCE & RAPE

RISK REDUCTION, RESPONSE AND RESOURCES

LET'S TALK ABOUT STAYING SAFE

Sexual violence is an issue that impacts everyone. Students, parents, faculty and staff all play a role in keeping our SDSU campus safe. It takes all of us working together to prevent sexual violence.

LET'S TALK...about ways to stay safe on and off campus:

PLAN AHEAD

Set your own personal boundaries and make them known. Everyone has a different comfort level. You get to decide how intimate you want to be with someone. But remember — you always have the right to change your mind.

KNOW THE ROLE OF ALCOHOL AND DRUGS

A person who is impaired by drugs or alcohol cannot give sexual consent. Since alcohol use can increase your risk of sexual violence, watch any open-container drinks you have and the person who makes them while at parties and other social events.

BE ASSERTIVE

Some people may interpret passivity as permission, but silence is not consent. Be direct and firm with someone who is pressuring you or making you uncomfortable. The absence of "no" is not a "yes."

KEEP AN EYE ON FRIENDS

Friends are safer when they stay together. Make a pact with a friend to intervene on each other's behalf if caught in a risky situation. Let a friend know where you'll be and ask where they'll be.

STEP IN

Intervene when you see or hear inappropriate behavior on and off campus. Speak up if you see someone trying to isolate a potential victim. If you find a person who may be incapacitated or unconscious, stay with them. Get others to help you.

LET'S TALK ABOUT REPORTING IT

Most victims of sexual violence or rape don't report what happened. There are resources, on and off campus, to report sexual violence. These contacts can provide you with assistance and support whether or not they wish to file a report.

IN AN EMERGENCY OR DURING A CRIME IN PROGRESS:

Call 9-1-1 or SDSU Police at (619) 594-1991

SAN DIEGO POLICE DEPARTMENT:

(619) 531-2000

SDSU TITLE IX COORDINATOR:

Gail Mendez
gmmendez@sdsu.edu
(619) 594-6017

SDSU TITLE IX DEPUTY COORDINATORS:

For students:

Lee Mintz, Director
Center for Student Rights and Responsibilities
(619) 594-3069
lmintz@sdsu.edu

For faculty, staff and visitors:

Gail Mendez, Director
Center for the Prevention of Harassment and Discrimination
gmmendez@sdsu.edu
(619) 594-6464

For athletics: Jenny Bramer, Executive Associate Athletic Director/SWA Department of Intercollegiate Athletics
(619) 594-0394

NATIONAL SEXUAL ASSAULT HOTLINE:

(800) 656-HOPE / (800) 656-4673

SAN DIEGO DOMESTIC VIOLENCE HOTLINE:

(888) DV-LINKS / (888) 385-4657

CENTER FOR COMMUNITY SOLUTIONS – SAN DIEGO:

If you need help now, call (888) 385-4657

1 in 16 men
are sexually assaulted while in college.

LET'S TALK ABOUT TAKING ACTION

There's a misconception that sexual violence and rape are the fault of the victims themselves. That's never the case. Always encourage someone to report if they've been raped or sexually assaulted, but respect their choice if they choose not to report.

LET'S TALK ... about what to do if you know someone who has been victimized:

If a friend tells you they have experienced a sexual assault, here's what to do:

LISTEN: Create a safe place for your friend to talk with you. Allow them to share with you — on their terms. Believe their story without questioning the details.

BE SUPPORTIVE: Make sure your friend understands they are not to blame for the incident. Reassure them the person who committed the crime is always responsible — never the victim.

GET HELP: It's important to seek medical, counseling and legal assistance as soon as possible. Help connect your friend with resources for additional support.

If a friend reaches out to you with immediate need:

- Get them to a safe place.
- Call the police immediately.
- Encourage them to not bathe or destroy any of the clothing worn at the time of the assault.
- Preserve the area where the assault occurred for evidence.
- Help them to seek emergency medical care.
- Help them write down anything they can remember about the assault.

Nationwide,
1 in 5 women
are sexually assaulted while in college.