



DEFINITIONS

SEXUAL VIOLENCE occurs when someone is forced or coerced into any physical sexual act, such as unwanted sexual contact, sexual harassment, assault or battery, or rape, without agreeing or consenting.

SEXUAL ASSAULT is any non-consensual sexual act, such as unwanted oral, anal or vaginal intercourse, penetration of the anus or vagina with a foreign object, or unwanted touching on an intimate area of a person's body. This can include unwanted kissing or bodily contact that is sexual in nature.

RAPE is forced sexual intercourse that involves the threat of violence, immediate and unlawful bodily injury, or threats of future retaliation and duress. Non-consensual sex is rape.

CONSENT FOR SEXUAL CONTACT means that a person is willing to engage in sexual activity. Both parties need to give consent for the sexual activity to be consensual. No one should ever assume consent. A person may be unable to give consent because of fear, having an illness or disability that makes them incapable of giving consent, or incapacitation due to drugs or alcohol.

SEXUAL VIOLENCE PREVENTION AND RISK REDUCTION RESOURCES

- SDSU POLICE SAFETY ESCORTS:** (619) 594-6659
- LET'S TALK CAMPAIGN:** sdsutalks.sdsu.edu
- CALIFORNIA COALITION AGAINST SEXUAL ASSAULT:** calcasa.org
- CENTER FOR COMMUNITY SOLUTIONS SAN DIEGO:** (888) 385-4657
- IT'S ON US CAMPAIGN:** itsonus.org
- STEP UP PROGRAM:** stepupprogram.org
- MEN CAN STOP RAPE:** mencanstoprape.org
- RAPE, ABUSE AND INCEST NATIONAL NETWORK:** rainn.org
- NATIONAL SEXUAL VIOLENCE RESOURCE CENTER:** nsvrc.org
- SAN DIEGO FAMILY JUSTICE CENTER:** (866) 933-HOPE / (866) 933-4673
- THE SAN DIEGO LGBT COMMUNITY CENTER:** thecentersd.org

SDSU CAMPUS RESOURCES

- SDSU Police: (619) 594-1991
- Campus Safety Escort: (619) 594-6659
- Sexual Assault Victim Advocate: (619) 594-0210
- Student Health Services: (619) 594-4325
- After Hours Nurse Line: (858) 225-3105
- Counseling & Psychological Services: (619) 594-5220

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SEXUAL VIOLENCE & RAPE

RISK REDUCTION, RESPONSE AND RESOURCES



ABOUT KEEPING YOUR STUDENT SAFE

Sexual violence is an issue that impacts everyone. Students, parents, faculty and staff all play a role in keeping our SDSU campus safe. You can help change attitudes that promote sexual violence.

LET'S TALK...about some safety tips to share with your student:

BE A ROLE MODEL: Parents can show students what a healthy relationship should look like well before they set foot on campus. Share thoughts on what a mutually respectful relationship looks like.

PLAN AHEAD: Talk with your student about setting their own personal boundaries. Everyone has a different comfort level. Remind them that they always have the right to change their mind if something doesn't feel right about the person or situation.

CONSIDER THE ROLE OF ALCOHOL AND DRUGS: A person who is impaired by drugs or alcohol is at an increased risk of sexual violence. Ensure your student knows their own limits while at parties and other social events.

BE ASSERTIVE: Teach your student to be direct and firm with someone who is pressuring them or making them uncomfortable.

STRENGTH IN NUMBERS: Friends are safer when they stay together. Explain to your student how friends can help keep each other safe by keeping an eye on one another.

STEP IN: Be proactive in showing your student how they can intervene when they see or hear inappropriate behavior around campus. Parents should also step in if they suspect their student has been victimized. Warning signs can include sudden withdrawal, changes in mood and behavior, and lower grades.

1 in 16 men
are sexually assaulted while in college.



ABOUT REPORTING IT

Most victims of sexual violence or rape don't report what happened. There are resources, on and off campus, to report sexual violence. These contacts can provide your student with assistance and support whether or not they wish to file a report.

IN AN EMERGENCY OR DURING A CRIME IN PROGRESS:

Call 9-1-1 or SDSU Police at (619) 594-1991

SAN DIEGO POLICE DEPARTMENT:

(619) 531-2000

SDSU TITLE IX COORDINATOR:

Gail Mendez
gmmendez@sdsu.edu
(619) 594-6017

SDSU TITLE IX DEPUTY COORDINATORS:

For students:

Lee Mintz, Director,
Sara Vogel, Investigator
Center for Student Rights and Responsibilities
(619) 594-3069

For faculty, staff and visitors:

Gail Mendez, Director
Center for the Prevention of Harassment and Discrimination
gmmendez@sdsu.edu
(619) 594-6464

For athletics: Jenny Bramer, Executive Associate Athletic Director/SWA Department of Intercollegiate Athletics
(619) 594-0394

NATIONAL SEXUAL ASSAULT HOTLINE:

(800) 656-HOPE / (800) 656-4673

SAN DIEGO DOMESTIC VIOLENCE HOTLINE:

(888) DV-LINKS / (888) 385-4657

CENTER FOR COMMUNITY SOLUTIONS – SAN DIEGO:

If you need help now, call (888) 385-4657



ABOUT TAKING ACTION

There's a misconception that sexual violence and rape are the fault of the victims themselves. That's never the case. Encourage your student to report if they've been raped or sexually assaulted.

LET'S TALK ... about what to do if your student tells you they have experienced a sexual assault:

LISTEN: Create a safe place for your student to talk with you. Allow them to share with you — on their terms. Watch your own reaction. Believe their story without questioning the details.

BE SUPPORTIVE: Sexual violence is never the victim's fault. Make sure your student understands they are not to blame. They may try to list everything they did to cause the assault to occur, so reassure them the person who committed the crime is always responsible — never the victim.

GET HELP: It's important to seek medical, counseling, and legal assistance as soon as possible. Call a rape crisis hotline or SDSU Police for help. Connect your student with resources for additional support.

If your student reaches out to you with immediate need:

- » Get them to a safe place.
- » Call the police immediately.
- » Tell them not to shower, bathe, douche or destroy any of the clothing worn at the time of the assault.
- » Instruct them to leave alone anything in the area where the assault occurred to preserve all physical evidence.
- » Help them to access emergency medical care.
- » Help them write down anything they can remember about the assault.

Nationwide, 1 in 5 women are sexually assaulted while in college.